



The Mystic's Homecoming: *Activate Source Wisdom* *& Awaken Your Inner Oracle*

A residential retreat
July 20th - 24th 2026

with
Mara Branscombe

Glastonbury + Avebury

hosted by **ALTERNATIVES**



Mara Branscombe is a yoga and meditation teacher, author, artist, ceremonialist, and spiritual coach, who finds great joy in leading others along the path of self-transformation. Teaching for twenty years, she runs international retreats, corporate leadership programs, and online spiritual guidance programs.

She is the author of *Ritual as Remedy*, (Findhorn Press, 2022), *Sage, Huntress, Lover, Queen*, (Findhorn Press, 2023) and *Journey into the Divine Matrix Oracle Deck + Guidebook*. Mara lives with her husband and two daughters in Vancouver, Canada.

About the retreat



Join Mara Branscombe, international mindfulness guide and ceremonialist, on a transformative pilgrimage through England's ancient portals

This journey is an invitation to return to your inner Source and remember the deeper purpose of your soul path. Through earth-based ritual, yoga, movement, breathwork, meditation, and creative practice, we activate intuitive clarity, embodied wisdom, and whole-body healing.

As a kindred community, we will walk the ancient landscapes of Mystical Avalon - Avebury, the Chalice Well, and Glastonbury Tor - receiving their healing frequencies and timeless teachings through guided ceremony.

Archetypal and mythic teachings support the release of outdated narratives, awakening inner sovereignty, strengthening self-trust, and amplifying vision, purpose, and presence in this season of life.

A soul homecoming into remembrance, devotion, and aligned living.



Our location

Glastonbury

Glastonbury – The Heart of Avalon

We begin our adventure in Glastonbury, a realm rich in legend and lore, where history whispers from every hill. Ascend Glastonbury Tor, where the veil between realms thins, and immerse yourself in the healing waters of the Chalice Well Gardens. Here, clarity and inspiration await.



On arrival

Monday 20th July

8am Check-in to Middlewick Estate in Glastonbury

Welcome to Glastonbury! Our staff will be in the reception of Middlewick Estate to welcome you to the first stop of our retreat. On arrival you will be shown around and given some time to get your bearings before our first session with Mara.

The stunning Middlewick cottages are in full view of our first pilgrimage site - The Tor.

The quaint, country-style cottages feature oak-beamed ceilings, exposed stone walls, kitchens and lounges with wood-burning stoves and of course full WIFI. You are invited to settle in, have breakfast and look around before session 1.





Your accomodation

The Middlewick Estate has been at the base of Glastonbury Tor since 1656. The site was a working farm up until the 1980s, when it was converted to holiday accommodation. Over the years the pre-existing farmhouse, barns and outbuildings have been converted into stunning self-catering holiday accommodation cottages.

The Middlewick also boasts an on-site farm shop, café and a well-equipped spa with uniquely converted shepherd's hut treatment rooms, indoor swimming pool, steam room, yoga building and event space.

Set within the grounds you will find the award winning café. The Middlewick Café serves local, seasonal, homemade meals 7 days a week.





Pilgrimage to the Tor

This iconic and evocative landmark offers magnificent views of the Somerset Levels, Dorset, Wiltshire and Wales.

Steeped in history and legend, excavations at the top of the Tor have revealed the plans of two superimposed churches of St Michael, of which only a 15th-century tower remains.

Glastonbury Tor is known as being one of the most spiritual sites in the country.

Experience the Tor through sacred intention, honouring the ancestors of the land, and welcoming in your own ancestral lineage. Receive the “Rite of Source” to anchor you to the magic of the Tor while deepening your connection to source.

EXCURSION



Avebury Stone Circle

Nestled in the Wiltshire countryside, Avebury Stone Circle is one of the most ancient and expansive sacred sites in Europe.

Unlike Stonehenge, you can walk freely among the stones, feeling their scale, presence and quiet power up close. For thousands of years this landscape has been a place of ritual, gathering and contemplation.

On our day trip, we'll wander the circle and surrounding avenues at a gentle pace, allowing time to sense the deep earth energies, reflect in silence, and reconnect with nature's timeless rhythms. Avebury invites grounding, insight and a profound feeling of belonging within the living land.

EXCURSION



Glastonbury Abbey

Glastonbury Abbey stands at the heart of one of Britain's most mythic and spiritually charged landscapes.

Once one of the richest monasteries in medieval Europe, its tranquil ruins now invite reflection, stillness and wonder.

Linked by legend to Joseph of Arimathea, the Holy Grail and the resting place of King Arthur, the Abbey carries centuries of prayer, devotion and story.

During our afternoon, we'll explore the peaceful grounds, pause among the ancient stones, and allow space for quiet contemplation. This sacred site offers a powerful sense of continuity, renewal and connection to the deeper currents of history and spirit.

EXCURSION

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“Love is infinite. When we overcome the mentality of lack and scarcity, we merge with the immeasurable essence of love”

Mara Branscombe





Chalice Wells

Private access

Experience the Chalice Well with sacred intention.

Chalice Well is Britain's oldest holy well, surrounded by a beautiful garden. It has been a place of pilgrimage for thousands of years. It is a World Peace Garden and the sacred waters with their unique vibration, flow through the tranquil garden.

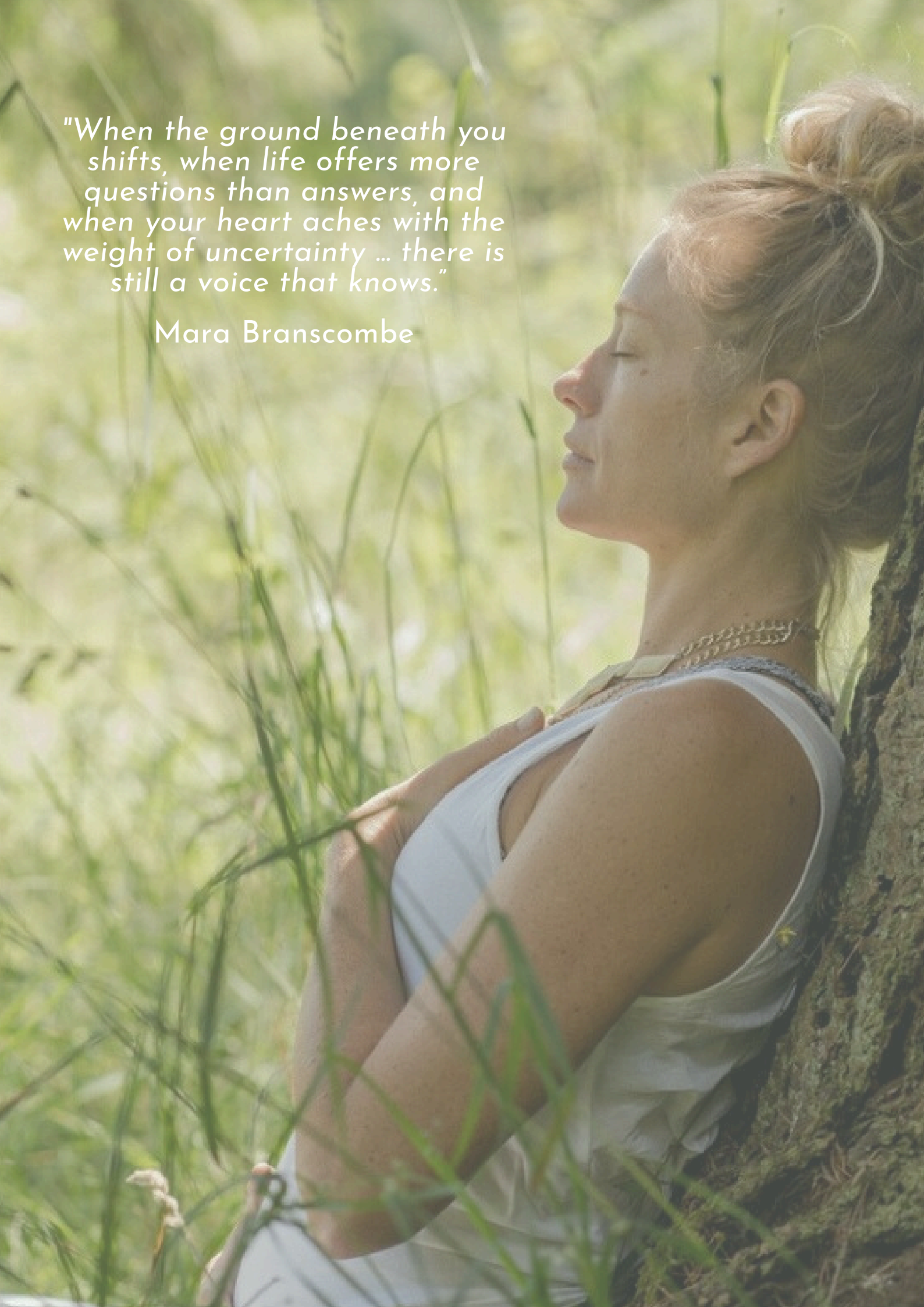
The Chalice Well is a place of pilgrimage, healing, and peace. It is associated with the Holy Grail, which is said to have been buried in the well by Joseph of Arimathea.

Our group has private access to the gardens, outside of public opening times so that we can enjoy the gardens for a private ritual and meditation.

EXCURSION

*"When the ground beneath you
shifts, when life offers more
questions than answers, and
when your heart aches with the
weight of uncertainty ... there is
still a voice that knows."*

Mara Branscombe





In Session

As a kindred community, we will walk the ancient landscapes of Mystical Avalon - Avebury, the Chalice Well, and Glastonbury Tor and the Abbey, receiving their healing frequencies and timeless teachings through guided ceremony.

You can expect daily movement, meditation, breath-work and journal sessions to enliven physical grounding and intuitive clarity. Chakra/energy alignment work, earth based rituals, and ancient wisdom teachings will empower your inner Mystic's homecoming.

We will integrate our work at the sacred sites through mind-body-spirit wholeness, softness, and receptivity.

Schedule

Monday 20th July:

Check in + afternoon session & Fire Ceremony

Tuesday 21st July:

Visit the Tor + private access Chalice Well

Wednesday 22nd July:

Day Trip to Avebury Stone Circle

Thursday 23rd July:

Chalice Well and Glastonbury Town visit

Friday 24th July:

Closing ceremony

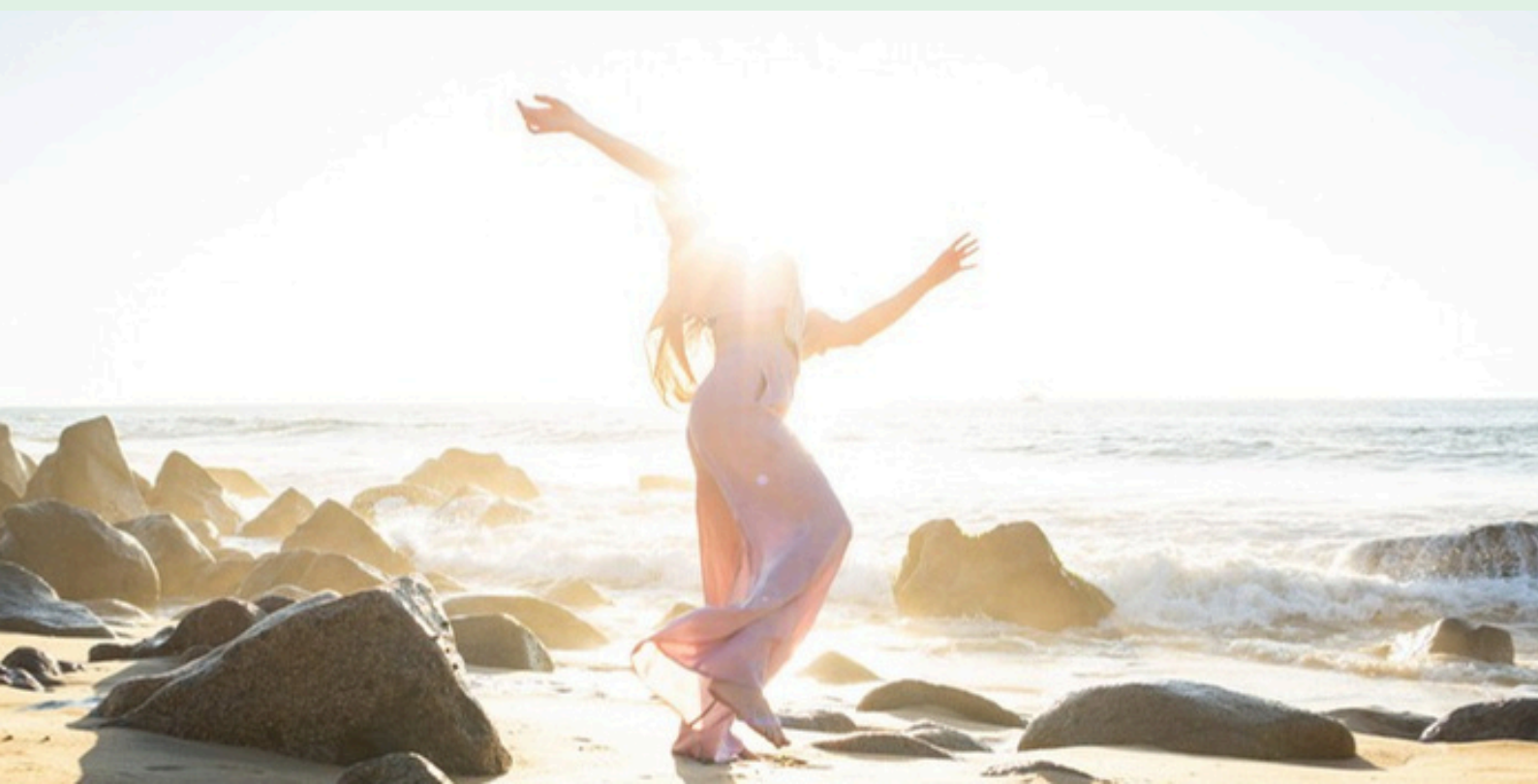
GATHER



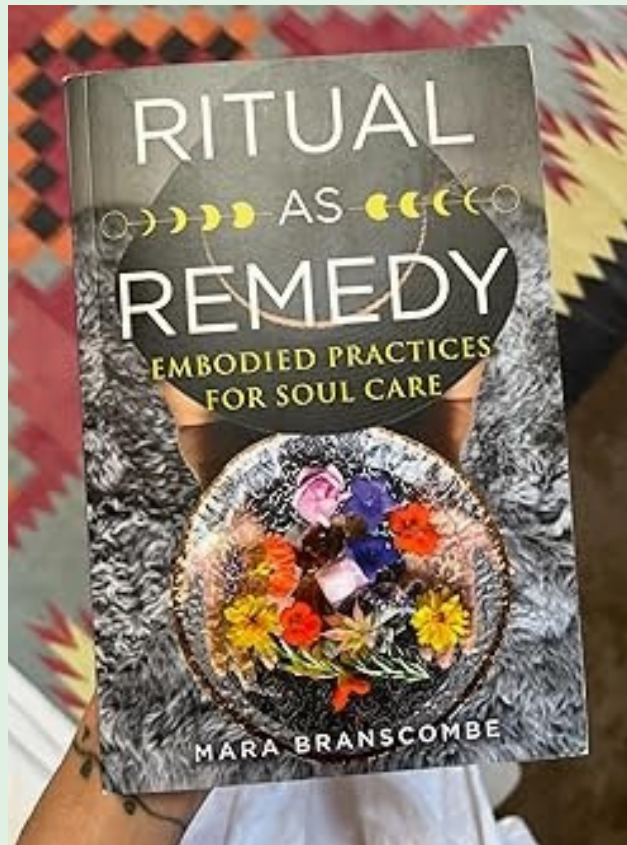
Invitation

This is a retreat of self-discovery, devoted practices, and deep nourishment - held in sacred intention by the wisdom of Mara Branscombe, teacher and guide of the healing arts for 25 years plus.

Embark on this homecoming journey of the soul, where sacred sites hold the key to your evolution, and the divine source beckons you to rise in body, mind, and spirit.



Logistics



For the 4-night retreat

What's included:

- All accommodation and evening meals
- Daily classes with Mara
- All excursions and internal transfers
- All workshop materials and resources
- Yoga Mats and mineral water

What's not included

- Breakfast and Lunches
- Air and ground transportation to and from Glastonbury

Once your place has been confirmed, we will advise you on travel to Glastonbury

Please email info@alternatives.org.uk with any queries - happy to help!

RELAX

RECONNECT

RESTORE

Pricing

Retreat Pricing & Secure Your Place

Join us in Glastonbury for a deeply transformative journey.

We are pleased to offer an Early-Bird rate of £1,555 / USD \$2,080

Payment Options

✓ Option 1: Pay in Full (Best Value)

Secure your place at the early-bird rate of £1,555 (or \$2,080).

✓ Option 2: Payment Plan

For your convenience, we offer a structured instalment plan:

Deposit: £395 (non-refundable) + 4 monthly payments of: £320 = Total: £1,675
(£120 uplift for paying in instalments)

Payments begin the month after your deposit is received and continue monthly.

Refund Policy

We follow a standard industry retreat-refund structure to ensure fairness while allowing us to make the necessary bookings on your behalf.

✓ Refunds Before 28th February

Refunds are available before the end of February. Deposit (£395) is non-refundable.
The remainder of your payments will be returned.

✗ No Refunds After 1st March

From 1st March onwards, all payments become non-refundable as we enter the final stage of securing accommodation, guides, transport, and logistical agreements. We strongly recommend purchasing comprehensive travel insurance to cover unforeseen circumstances.



A group of approximately 15 people of various ages are gathered around the massive, textured trunk of an ancient tree. They are all smiling and reaching out to touch or hug the bark of the tree. The scene is set in a grassy field with a yellow fence in the background and a clear blue sky. The tree's branches are thick and gnarled, with green leaves visible in the upper right.

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*"At every crossroads,
every twist and turn
of life, an endless
sea of love patiently
awaits you"*

Mara Branscombe



Travel information

The retreat takes place in two locations: Glastonbury and Avebury.

Inbound Travel: Getting to Glastonbury

The nearest international airports are Bristol and London (Heathrow/Gatwick). You can also travel by car, train, bus, or coach. If arriving by train, the nearest station is Castle Cary, from which you will need a taxi to reach the estate.

Before booking, we can advise on the best travel routes and provide various options, including additional nights of accommodation if required.

Travel to Avebury

Our excursion to Avebury will be via coach organised by the hosts and is included

+ *2 bonus webinars*



Enhance Your Retreat Experience with Exclusive Online Sessions

Two Weeks Before the Retreat: Sunday 12th July, 6pm UK time

Join Mara for a 90-minute live preparation call designed to set the foundation for your journey. Connect with Mara and your fellow participants and engage in simple yet powerful tools and practices to align yourself energetically before the retreat begins.

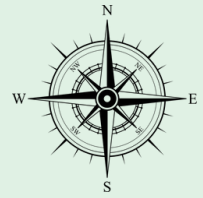
Two Weeks After the Retreat: Sunday 2nd August 6pm UK time

Reconnect with Mara and the group for a 90-minute integration session to deepen your experience. This is your opportunity to reflect, ask questions, and solidify your practice, ensuring the retreat's benefits continue to unfold in your daily life.

These sessions provide invaluable support to help you maximize the impact of your retreat—before, during, and beyond!

ONLINE

ANY QUESTIONS?



This retreat is hosted by Alternatives in London. We are an events company based in London since 1982. Our mission is to inspire heart, mind, and soul.

For over 44 years, we have hosted major contemporary spirituality and wellness teachers in London, including Ram Dass, Thich Nhat Hanh, Eckhart Tolle, Tara Brach, Satish Kumar, Byron Katie, Robert Holden, Ajeet, Tracee Stanley and Elizabeth Gilbert.

Our team will be there to support you on this journey. Please call or email us at anytime and we can answer your queries.

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Testimonials



“This retreat was a deep remembering, reminding, and rekindling for me. It was an honour to be there as one of the elders, it was similar to being a grandparent rather than a parent I have finally grown into my own skin, heart and soul, and also largely, spiritually because of your beautiful open hearted teachings. Thank you, with deepest deepest gratitude” - Badge Bourcier

“I had truly a live changing spirit wash over me while on Retreat with Mara. I am so very thank full for you and the incredible space that was held in paradise!!” - Shannon Carnazzo

“Thank you so much for your offerings and making them so accessible. Your teachings resonate so deeply, and the wisdom you share always ignites sparks of epiphanies and deep understanding of the human experience” - Flora Petri

“Mara is an extraordinary teacher and healer. During Mara’s ability to elevate and move from a place of intuition in supporting those she works with is magic” - Jennie Bilteck

